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**Interview Questions for Teachers & Educators**

**Project: *Improving Physical Coordination in Children with Special Needs Through VR Workouts***

**Introduction**

Thank you for taking the time to speak with us. To start, could you briefly describe your experience in teaching or working with children with special needs, particularly in supporting their physical development or coordination skills?

**Understanding Motor Skills in SEN Education**

1. In your experience, which physical or coordination skills do children with special needs most often struggle with in daily school activities?
2. What methods or strategies do you currently use to support the development of these motor skills in your classroom or sessions?
3. Where do you feel traditional physical activities or exercises work well — and where do they fall short — in improving physical coordination?

**Exploring Technology & Innovative Practices**

1. Have you ever used technology (apps, devices, games) to support physical activities or coordination for your students?  
   → If yes, can you share an example or describe what worked well?
2. What challenges or limitations have you experienced when using technology with SEN students during physical activities?

**Focus on Virtual Reality (VR)**

1. What is your perception of using VR games or workouts to support children with special needs in improving their coordination skills?
2. In your opinion, what features would make a VR workout safe, accessible, and effective for SEN students?
3. Are there any particular risks or challenges you would be concerned about when using VR in this context?
4. How do you think VR workouts could fit into your current teaching routines or physical activity programs?

**Looking Ahead**

1. What kinds of VR activities or games do you think children with special needs would enjoy most — while also helping improve their coordination?
2. Are there any particular skills, movements, or goals you would like a VR program to focus on for your students?
3. What support or resources would you need (training, equipment, time) to successfully implement VR workouts in your school or sessions?

**Final Thoughts**

1. Is there anything else you would like to share — advice, ideas, or concerns — that could help us create better VR workouts for improving physical coordination in children with special needs?